



SAFETY RULES

- 1 Antifreeze - Any car caught running antifreeze will be fined \$100.00
- 2 Seats and Seat Belts - Each car must be fitted with a SFI approved seat and safety release harness (***SFI approved Belts ONLY - no more than 3 yrs old-label must be visible***) . Minimum 2" shoulder harness width and 3" lap belt width. Harness must come from behind the driver and all belts must be securely fastened to the roll cage. No homemade seats are permitted. All seats and harnesses must pass Race/Competition Director's inspection.
- 3 Helmets - Each driver is required to wear a full-faced helmet any time the race car has entered onto the racing surface. ***It is mandatory that all helmets conform to Snell SA/K 2005 Standards for Protective Headgear as they apply to competitive automotive sports and have a sticker visible for inspection.*** The Southeast Super Stocks series strongly recommends that Drivers use the Head and Neck Restraint device.
- 4 **Driving Suits** - Full coverage (covering the body from neck to ankle) driving suits are mandatory. 1 or 2 piece fire retardant suits of Nomex or equivalent materials are mandatory. Double layer or more is highly recommended. ***Fire suits must be labeled as "Fire Retardant"***. Fire retardant gloves, socks, shoes and undergarments are strongly recommended. A full fire suit and helmet must be worn at any and all times the car is on the racing surface. No Exceptions!
- 5 Fire Extinguishers - Each car must be equipped with a fully charged fire extinguisher that has been approved by the Race/Competition Director. NO Exceptions! It must be mounted within easy reach of the driver. Extinguishers must be properly installed with appropriate metal brackets and screws. The extinguisher must be in proper working condition and have a functioning readable gauge. On board fire systems are highly recommended.
- 6 Window and Nets - All cars must have front and rear window shields. All cars must have a safety net covering the drivers door window area and the net must be secured in place at all times the car is on the racing surface. No exceptions! NO fish type nets are allowed.

- 7 **Roll Bars** - Southeast Super Stocks Series approved full roll cage is required. ***It is required that roll bars within the Driver's reach be padded with material (SFI-45.1) designed for roll bar use.*** Pipe insulation will not be allowed. All roll cages must pass safety inspection done by the Race/Competition Director prior to being allowed to compete in an event.
- 8 **Fuel Cells** - A fuel cell is mandatory in all cars. The fuel cell must include a puncture resistant bladder, internal form filler and be installed in a minimum 18 gauge (.047 inch) steel container. No additional or separate fuel container will be allowed. No electric fuel pumps are allowed.
- 9 **Battery** - Battery may not be installed within the driver's compartment. Battery must be securely bolted down .
- 10 No person is allowed to ride on the outside of any race car at any time.
- 11 **Car Inspection** - All cars are subject to a safety inspection at any time prior to taking part in any event. If the Race/Competition Director deems a car has not met all safety guidelines, that car will not be allowed to compete until all infractions have been corrected. It is the responsibility of the driver, car owner and crew members, to have the car free of mechanical defects, in a safe racing condition and properly inspected prior to an event.
- 12 The above said rules have been set by the Southeast Super Stocks Series Committee. All rules are subject to change by the Committee at any time, but drivers will be notified of any changes